

Drop In Square Dance

No experience necessary !

Taught by professional square dance caller: Brian Freed

- **Dance to all types of music (from traditional country to today's hits and everything in between)**
- **Fun exercise (get your 10,000 steps dancing)**
- **Casual attire**
- **Family friendly**
- **Helps keep your mind sharp**
- **Bring your friends**
- **No partner needed**

What people just like you say about Modern Square Dancing:

“You’ll have more fun than you can imagine, meet friendly people, enjoy all kinds of music, burn 500-900 calories and intrigue your mind...all at the same time. I highly recommend it”

“ I had no idea how to dance. They showed me everything I needed to know, in a most pleasant and entertaining way”

“ It’s certainly the most fun exercise and social activity that I have ever experienced”

Modern American Square Dancing is a great way to meet new people who enjoy having fun while walking to music.

Modern American Square Dancing is: Friendship Set to Music!

For More Information:
Brian: 612-961-6572
Sundaysquares.com
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Live Lively-



Square Dance!

**Join us on
Tuesdays:**

**September 12
October 10
November 14
December 12**

7:00-8:30 PM

**Oak Grove
Lutheran Church**

**7045 Lyndale
Ave South**

Richfield, MN

**\$7.00 per person
per session**